

2024
OVERVIEW

NJ School Employees' Health Benefits Program (SEHBP)

Local Education Employees



With all of our plans,
you can receive care
nationwide!



At Horizon, we're guiding members to achieve their best health.

For more than 90 years, Horizon has helped New Jersey residents get the most out of their health care coverage. As a leader in providing access to quality, affordable health plans, we offer an extensive provider network to ensure you're cared for whenever, wherever. We keep things simple – every New Jersey hospital is in our network. Plus, we provide tools and support that make navigating health care easier.

Learn more at HorizonBlue.com/shbp

Health and wellness for mind and body.

Education Resources

Get tips for healthier living with our wide range of online health education topics.

Pregnancy Resources

PRECIOUS ADDITIONS® offers personalized support and interactive resources during pregnancy and beyond – including My Pregnancy Assistant, an online tool powered by WebMD®.

Health Management Tools

Manage your health and track your progress securely and confidentially with the digital coaching and customized tools of *MyHealth Manager*, powered by WebMD.

HorizonbFitSM

Eligible SEHBP members may receive a \$20 reward¹ for every month they visit a fitness facility, walk 10,000+ steps or complete certain workouts for at least 12 days a month.

Wellness Discounts

With Blue365®, get weekly email deals from top retailers, including gym memberships, nutrition programs, glasses, contacts and more.

YMCA Discount²

Get a 15% discount on monthly memberships at participating New Jersey YMCAs – plus, new YMCA members can have their initiation fee waived.

HorizonBlue.com/ymca

Walgreens Discount²

SEHBP members are eligible for 30% off Walgreens-branded health and wellness products every time they shop in store, online or through the Walgreens app.

HorizonBlue.com/walgreens

1. Rewards are taxable.

2. Restrictions and limitations apply. For more information, please visit the associated website links above. Walgreens discounts available as of July 1, 2024.

Learn more at HorizonBlue.com/shbp



Our best coverage, for your best you.

PPO Plans

All of our PPO plans include:

- Care in network or out of network in New Jersey, nationwide and abroad
- No need to select a Primary Care Physician (PCP)
- No referrals necessary to see a specialist
- Lower out-of-pocket costs when using the Horizon Managed Care Network or the BlueCard® PPO Network nationwide and Blue Cross Blue Shield Global® Core abroad



Active employees: Calculate your estimated premium contribution at HorizonBlue.com/shbp.



Learn more at HorizonBlue.com/shbp

2024 NJ School Employees' Health Benefits Program

Local Education Employee Plans

HorizonBlue.com/shbp 1-800-414-SHBP (7427)

| Eligibility | PPO Plan Options | | |
|----------------------------------------------------------------|----------------------------------|----------------------------------------|----------------------------------------|
| | NJ EDUCATORS HEALTH PLAN (NJEHP) | NJ DIRECT10 | NJ DIRECT15 |
| | All Active Employees | Active Employees Hired Prior to 7/1/20 | |
| IN-NETWORK (IN) | | | |
| Service Area Available | Nationwide | Nationwide | Nationwide |
| Specialist Referral | No referral required | No referral required | No referral required |
| Deductible | \$0 | \$0 | \$0 |
| Coinsurance (On Select Services) | 10% | 10% | 10% |
| Coinsurance Out-of-Pocket Maximum | | | |
| Individual | \$500 | \$400 | \$400 |
| Family | \$1,000 | \$1,000 | \$1,000 |
| Total Out-of-Pocket Maximum (Copay+Coinsurance) | | | |
| Individual | \$500 | \$400 | \$7,560 |
| Family | \$1,000 | \$1,000 | \$15,120 |
| HEALTH CARE SERVICES | | | |
| Primary Care Office Visit | \$10 | \$10 | \$15 |
| Annual Routine Physical (In-Network Only) | \$0 | \$0 | \$0 |
| Direct Primary Care (DPC) Doctors Office | \$0 | \$0 | \$0 |
| Horizon CareOnline (Telemedicine) | Copay may apply | Copay may apply | Copay may apply |
| Specialist Office Visit | \$15 | \$10 | \$15 |
| Annual Routine Vision (In-Network Only) | \$15 | \$10 | \$15 |
| Chiropractic (30 Combined IN and OON Visits Per Calendar Year) | \$15 | \$10 | \$15 |
| Physical/Occupational/Speech Therapy | \$15 | \$10 | \$15 |
| Diagnostic Laboratory/Radiology/Advanced Imaging | \$0 | \$0 | \$0 |
| EMERGENCY/URGENT MEDICAL SERVICES | | | |
| Urgent Care Center | \$15 | \$10 | \$15 |
| Emergency Room | \$125 | \$25 | \$50 |
| Ambulance | 10% | 10% | 10% |
| OTHER SERVICES | | | |
| Inpatient Facility | \$0 | \$0 | \$0 |
| Outpatient Facility | \$0 | \$0 | \$0 |
| Outpatient Behavioral Health | \$15 | \$10 | \$15 |
| Durable Medical Equipment (DME) | 10% | 10% | 10% |
| OUT-OF-NETWORK (OON) | | | |
| Deductible - Individual | \$350 | \$100 | \$100 |
| Deductible - Family | \$700 | \$250 | \$250 |
| Coinsurance after Deductible | 30% | 20% | 30% |
| Out-of-Pocket Coinsurance Maximum - Individual | \$2,000 | \$2,000 | \$2,000 |
| Out-of-Pocket Coinsurance Maximum - Family | \$5,000 | \$5,000 | \$5,000 |
| Out-of-Network Fee Schedule* | 200% CMS | 90 th percentile FairHealth | 90 th percentile FairHealth |

* There are specified dollar limits for out-of-network chiropractic (\$35), physical therapy (\$52) and acupuncture (\$60).

This document is for informational purposes only and does not constitute a binding agreement. The information provided by this document is not intended to replace or modify the terms, conditions, limitations and exclusions contained within health, dental or vision benefit plans issued or administered by Horizon. In the event of a conflict between the information contained in this document and your plan documents, your plan documents shall control.

Retirees: Please visit nj.gov/treasury/pensions for information regarding available retiree plans.

This is not a complete list of all covered services. Exclusions and limitations apply to some services. Visit nj.gov/treasury/pensions/member-guidebooks.shtml for more information.

You can reference HorizonBlue.com/shbp to determine your premium contribution.



Achieve your best health and earn rewards.

The NJWELL program is a great way to make meaningful changes to your wellness habits with program enhancements for eligible members and their covered spouse/partner. NJWELL can help you achieve holistic well-being including:

- Physical fitness
- Emotional balance
- Preventive care
- Social connection
- Financial security

Learn more about NJWELL at HorizonBlue.com/shbp/njwell or visit the NJ Division of Pensions and Benefits website at nj.gov/treasury/pensions.



You can earn \$250 or more in rewards* each wellness year (November 1 to October 31).

Rewards are taxable.

With Horizon health plans, we've got you covered.

Well Care and Preventive Care

Services such as an annual physical and gynecological exam, well baby/child medical care, immunizations and an annual vision exam are covered when using a participating doctor.

Behavioral Health and Substance Use Disorder

We empower our members to achieve their best physical and mental health. Our care team will work with you, your family, caregivers and doctors to make sure you are getting the treatment and support you need in the most appropriate setting. Telehealth and virtual programs are available.

NEW- Horizon MindCareSM

This secure online behavioral health platform offers personalized behavioral health and resilience information, well-being assessments, tools and resources. Plus, it can match you to reliable in-network providers, facilities and virtual health solutions.

In-Network Laboratories

Our members have access to in-network lab services. You can use Quest Diagnostics™ (Quest) or LabCorp for blood tests and other lab services. Our networks also include a number of other participating labs that provide specialized lab services.

Prescription Drug Coverage

Prescription drug coverage is available to all SHBP and SEHBP members. To learn more, refer to the Prescription Drug Plan information on the NJ Division of Pensions and Benefits website at nj.gov/treasury/pensions or contact your employer for details.

24/7 Nurse Line

For everyday health questions, or even a situation that might be more serious, access trusted information by calling the 24/7 Nurse Line at 1-888-624-3096.

Learn more at HorizonBlue.com/shbp



Making good health care more convenient.

Direct Primary Care (DPC)

Eligible members get unlimited access to personalized care with no copays. Simply choose a DPC doctor from Everside Health or Sanitas Medical Center for you and your covered dependents.

If you are eligible for NJWELL, your DPC provider will credit a well visit and follow-up office visit as a completed health screening.

Retail Health Clinics

These clinics treat common health issues such as colds or seasonal allergies.

- On-site board-certified nurse practitioners can diagnose and treat conditions and prescribe medications.
- Sites include MinuteClinics® at select CVS/pharmacy® locations.

Telemedicine

Telemedicine is available at the touch of a button through the Horizon Blue app for eligible members. And depending on your doctor's preferences, you can also use telemedicine via video, chat or phone.

Immunizations

Getting vaccinated is more convenient with more participating pharmacies – view our list at HorizonBlue.com/shbpflu.

- Vaccines these pharmacies administer include flu, COVID-19, shingles, hepatitis A and B, pneumococcal and human papillomavirus (HPV).
- Medical claims are automatically submitted for you.

Urgent Care Centers

Urgent care centers provide immediate medical care as an alternative to visiting the Emergency Room (ER). They treat wounds, sprains and other conditions that need immediate attention, but are not life-threatening.

- All members are responsible for applicable copayments/coinsurance.
- Routine office visits are not covered at urgent care centers.

Connect to care, benefits and support anytime.

With the Horizon Blue app, you can:

- Get help with appointment scheduling
- Get quick claim status updates
- Video chat with doctors
- View and print member ID Cards
- Locate in-network doctors

Need help registering for our Horizon Blue app or our secure member website? Call the eService Help Desk at **1-888-777-5075** weekdays from 7 a.m. to 6 p.m., ET.



Text **GetApp** to **422-272** for your free Horizon Blue download.*



*There is no charge to download the Horizon Blue app, but rates from your wireless provider may apply.



Here when you need us most.

Visit us online at HorizonBlue.com/shbp. Chat with us online.

Contact us toll free at **1-800-414-SHBP (7427)**.



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WebMD® provides health assessment tools and wellness education to eligible SHBP and SEHBP members. WebMD is independent from and not affiliated with Horizon.

Quest Diagnostics™ and LabCorp are independent companies that provide lab services to eligible SHBP and SEHBP members.

Everside Health and Sanitas Medical Center are independent companies that support Horizon in providing comprehensive primary care, urgent care and preventive care services to eligible SHBP and SEHBP members.

YMCA is independent company that supports Horizon in the administration of a membership discount program.

Walgreens is an independent company that supports Horizon in providing health information and preventative screenings.

Minute Clinic® and CVS are independent from and not affiliated with Horizon.

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Spanish (Español): Para ayuda en español, llame al 1-866-660-6528 (TTY 711). Chinese (中文): 如需中文協助, 請致電 1-866-660-6528 (TTY 711).